



Gifts Compass Incorporated

www.giftscompass.com

GiftsCompass™ Inventory

Personal Profile

for

Albert Einstein

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Introduction

Follow that will and that way which experience confirms to be your own, i.e. the true expression of your individuality. Carl Jung

Two of life's greatest questions are "Who am I?" and "How does my life have value?" The Gifts Compass™ Inventory (GCI), along with the resources at the web site (www.giftscompass.com) are intended to help you more readily find the answers to those important and age-old questions.

Your personal *gifts*—natural aptitudes—can point the way to your unique potential. They indicate the starting place for a well-lived life. Their application can bring much happiness and contentment along the way to developing a uniquely individuated life.

We use the term *individuation* when referring to the process of developing the whole of your unique personality. It was a term used by the founder of *Analytical Psychology*, Carl Gustav Jung, from whose research and theories the GCI was developed.

Individuation is a life-long dynamic process of growth and development. The GCI can help you to become more aware of the gifts that come most easily to you. This awareness can be the start of your journey of personal growth in which all of the other gifts of the compass become increasingly available to you.

Experience Summary

Follow your bliss. Joseph Campbell

The GCI self-assessment started with a review of some of your most enjoyable life experiences, for it is there that your best gifts can also be found. We have included your experience summaries below for your reference.

Sailing

I loved to sail alone on Lake Lucern. The clear air, the mountains in the distance, the blue sky and the crystal clear water seemed to feed my dreams. I could sail and dream for hours, enjoying the many mental images and ideas that passed through my mind. What I enjoyed most was simply dreaming and thinking itself. The sailing was the way I was able to clear my mind of outside distractions.

Teaching

I was bored and clumsy in the physics lab. I felt lucky if my experiments turned out correctly. But I LOVED teaching students about theoretical physics. We had no physical constraints; we were not bound by the practical demands of physical phenomena. The mind was our oyster and I loved to develop the pearls of elegant conceptual theories in that oyster!

Developing a new theory

I remember the morning that a vague but remarkable idea seemed to just settle upon me. I was thrilled to feel it there, but it was too early for me to even talk about it. I just sat and played the piano for a while, then retreated to my room. I stayed there for two weeks and I persisted day and night in making sense of this illusive idea. When I emerged from my room two weeks later, somewhat exhausted from all of that thinking, I had given birth to the General Theory of Relativity!

Introversion/Extraversion

The outward work can never be great or good if the inner work is small or of little worth. Meister Eckhart

We are born with the ability to focus our attention both inwardly and outwardly. Carl Jung coined the terms *introversion* and *extraversion* to describe these abilities.

Introversion is inner oriented energy toward images, ideas and dreams.

Extraversion is outer directed energy towards perceptions, facts and events.

A normal life could not be lived without both, *together*. Most people are usually oriented toward one more than the other.

Your general preference for either introversion or extraversion has much to do with the direction your life takes from early childhood. Knowing your general preference can help you become more aware of the natural influences that have already begun to shape your life.

Your degree of preference for both introversion or extraversion is represented on the bar chart below, with a star indicating the higher preference.



Introverted Gifts

Introverted gifts have a common focus—dreams, images, ideas, thoughts, inspirations, insights and ideals that are found so abundantly in the inner life.

As one who enjoys introverted gifts, you may feel a strong sense of independent conviction. This can manifest as an inner sense of clarity that others may not understand very well. Others may begin to perceive you as reserved, private, or quiet, though your inner life can be very imaginative and engaging.

Though often difficult early in life, your ability to relate in the world improves with individuation. Your extraverted gifts, as they develop, can prove quite useful, expressing sides of your unique personality that will bring a more versatile balance to your life.

Directed or Undirected Preferences

Your preference for either introverted or extraverted gifts could be further characterized as either "directed" or "undirected."

If the gifts are more directed, you enjoy seeking resolution, clarity, or organization. If they are more undirected, you enjoy experiencing thoughts, feelings, or perceptions without a strong need to direct them to completion.

Your relative preference is represented on the bar chart below, with a star indicating the higher preference.



Orientation

Trust thyself; every heart vibrates to that iron string. Ralph Waldo Emerson

The cardinal points of the Gifts Compass—*Dreams, Facts, Value, Logic*—are also related to your preferred gifts; they indicate generally what you tend to rely on in applying your gifts.

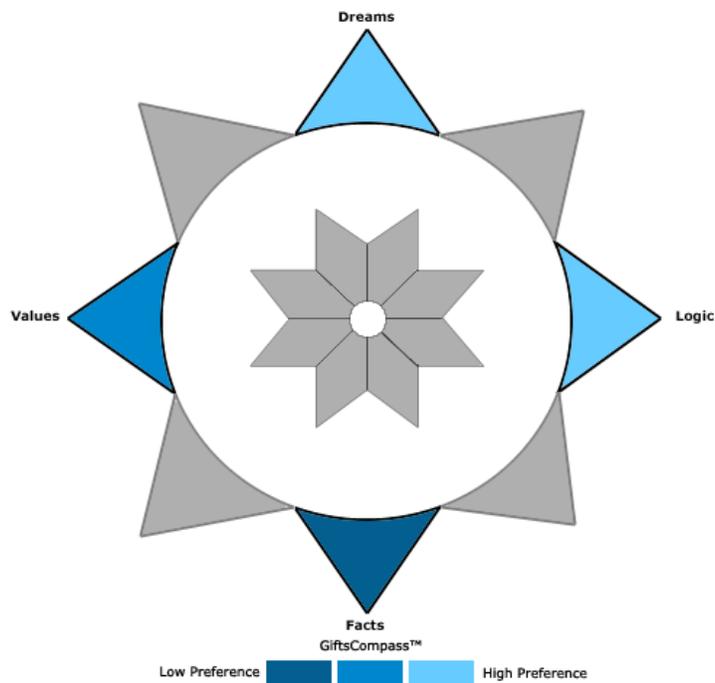
An orientation to **Dreams** suggests that you rely on your *imagination*.

An orientation to **Facts** suggests that you rely on practical *perceptions*.

An orientation to **Value** suggests that you rely on the value you *feel*.

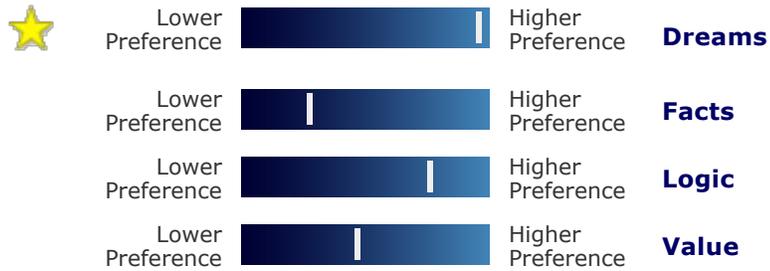
An orientation to **Logic** suggests that you rely on how you *think*.

The four orientations are illustrated as cardinal points on the compass below.



Preference for Each Compass Orientation

The following bar chart illustrates your current degree of preference for each of the four orientations. Your highest preference is highlighted with a star. Your results suggest that your strongest orientation is to *Dreams*.



Compass Heading

If you deliberately plan on being less than you are capable of being, then I warn you that you'll be unhappy for the rest of your life.—Abraham Maslow

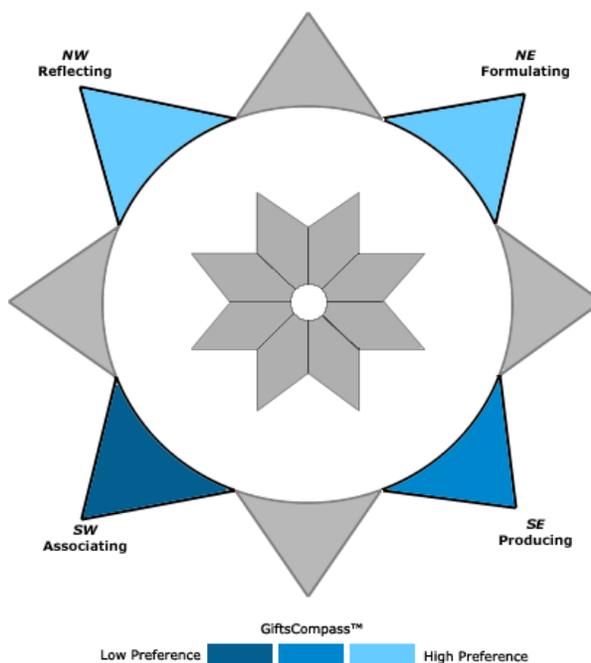
Your preferred Compass Heading generally indicates what you enjoy doing with your preferred gifts.

The **Reflecting** Heading indicates a preference for feeling life deeply and reflectively. We sometimes call this the *Lover Heading* because people favoring this heading often love deeply and idealistically.

The **Formulating** Heading indicates a preference for thinking deeply about complex problems. We sometimes call this the *Magician Heading* because people favoring this heading are often able to create complex systems from nothing.

The **Producing** Heading indicates a preference for organized action. We sometimes call this the *Warrior Heading* because people favoring this heading are often so capable of getting things organized and done.

The **Associating** Heading indicates a preference for relating openly to people and creating harmony in groups. We sometimes call this the *Sovereign Heading* because people favoring this heading are often attentive to the material and emotional well-being of others.



Preference for Each Compass Headings

The following bar chart illustrates your current degree of preference for each of the four Compass Headings. Your results indicate that your strongest preference is for the *Formulating Heading*. We have highlighted that preference with a star.



Formulating—insightful, inventive, curious



Reflecting—inspirational, meditative, idealistic



Associating—sociable, practical, empathetic



Producing—constructive, realistic, orderly

More on Compass Headings

You can [return to the web site](http://www.giftscompass.com) (<http://www.giftscompass.com>) and click on "Applying the GCI" for more information about your preferred compass headings.

There you will find twelve pages addressing different themes (*Your True Self, Personal Growth Before 40, Finding Balance After 40, Spiritual Formation, Career Development, Learning, Relationships, Families, Job Matching, Teamwork, Leadership, Board Development.*)

On each page, you will see the icon shown below. Click on your preferred compass headings, using this icon, to learn more about yourself in the context of the theme on that page.



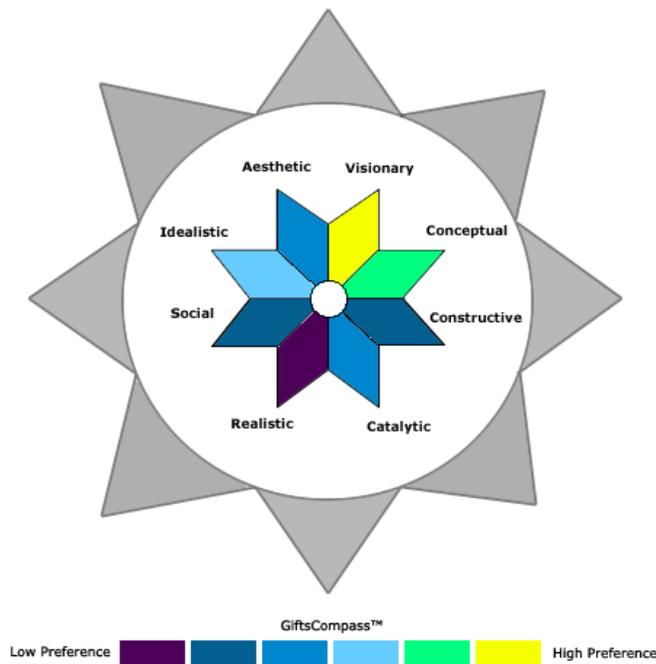
Gifts

Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it.—Goethe

Your preferred Gifts indicate those aptitudes that you most enjoy and that come most easily to you. Though growth and development to a fully individuated life will ultimately include all of the Gifts on the Compass, your starting place for a life well lived is with your best gifts.

Developing confidence in your best gifts provides a stable foundation for a well-lived life. Your best gifts can be like bedrock to the structure of a uniquely individuated life. As you gain a high level of confidence with your best gifts, developing other gifts will also bring much satisfaction and enjoyment.

Your preferred Gifts are highlighted on the GCI Compass below. Your results indicate a higher degree of enjoyment for the *Visionary Gifts* and *Conceptual Gifts*.



Visionary

Intently Attending to Inner Imagination

People who favor visionary gifts are intensely oriented to imagination. Their attention is focused on the endless ideas and visions alive in the inner world. These images can be more real to them than any of the objective sensory experiences of the outer world.

They feel most at home attending to such images constantly being brought forth within them. The mundane aspects of life can wear them down, for they depend upon inner imagination, inspiration, and a vision of possibilities to enliven and sustain them.

They may not seem entirely present to others, for their orientation to the inner life of imaginative and creative ideas relentlessly pulls their focus inward. It is as though they are perpetually managing two conversations, one far more engaging than the other. The enthralling experience with their imagination is the primary conversation; secondarily, there is the outer conversation dealing with everyday practical issues and associations, that interrupts the inner one. The inner conversation is the preeminent and decisive one; the inner life is the center of their reality.

They may seem to be somewhere in the future, for they are able to see forward to the longer-term meanings and implications of events. They see not only beneath the surface of current events and circumstances, but also their latent unfolding with prophetic anticipation.

They are drawn to a more holistic view of life. They see important events in their larger context—their origins and consequences—and not just individually as isolated phenomena. Even potential future events may present themselves to them as fairly clear and complete pictures.

They may often feel content simply to observe and cultivate their alluring, abundant, and engaging imagination. It is sufficiently captivating and enlivening by itself.

As one who enjoys the visionary gifts, you may feel a bit like a stranger in a strange land, for what others relate to is not what you are primarily oriented to. You may feel that the world is just out of step with the dream alive in your inner life. Though others likely regard you as creative, they may have difficulty understanding you. You may seem aloof and private to them. Yet, your living access to these inner visions has much value, for you and for others. You

possess a rare window of understanding and vision that can elevate people's lives.

Visionary Gifts in Action

These gifts deliver inspiring, imaginative, and sometimes prophetic visions, while providing a "big-picture" perspective of events or circumstances. They are often applied wherever imagination and inspiration conspire to create the new, the profound, the holistic, or the original. Urban designers, strategic planners, astronomers, theorists, futurists, playwrights, film producers and directors, novelists, architects, artists, or social innovators could all provide examples of these creative gifts.

The futurist, environmentalist, inventor, and architect, Buckminster Fuller, exhibited these gifts well. Carl Jung observed that without these gifts there would have been no prophets in Israel. Mahatma Gandhi, Martin Luther King, Stephen Spielberg or George Lucas could provide diverse windows to the visionary gifts in action.

Conceptual

Intensively Conceiving Insights

People with conceptual gifts enjoy thinking intensively and insightfully. They may forever be figuring something out or solving some difficult problem. Ideas, facts, and concepts of all sorts are collected, sorted, and considered, not for their own sake but for the purpose of formulating explanations. Such people seem impelled to untangle a perplexing question or unify divergent ideas.

They rely more on abstract concepts than particular facts. They vaguely discern an idea that seems to have potential, and then pursue it with single-minded thinking. Such ideas may arrive as only vague images and become increasingly clear the more they think about them.

Yet their ideas remain so conceptual that they often have difficulty communicating them to others. They may only be able to explain themselves awkwardly, if at all, for their insights may be far removed from practical experience.

They have a natural ability to discern patterns, relationships and similarities among seemingly diverse ideas or facts. Everything seems connected to everything else—nothing exists in isolation, but rather in relation to some larger pattern, principle or holistic concept.

They may passively accommodate people or happenings around them so that they can inwardly continue to focus on some hard problem. Their pursuit of internal problem-solving and theory-building requires intense concentration.

If they seem preoccupied, they are likely to be submerged in their inner world. An inner image of a potentially illuminating idea has probably captivated their attention, and they may pursue the understanding of that image with fiercely independent resolve.

Though willing to surmount any obstacle or ignore any danger to fully formulate a new idea, they may have no interest in subsequently "selling" the idea to others. It is as though they expect the idea to stand by itself and take on a life of its own. They tend to shy away from the limelight of public attention. They are not usually public promoters; their passion is the private pursuit of the inner image.

As one who enjoys the conceptual gifts, you may be known for being quiet and contemplative. Your urge to *understand* and *unify* can bring much valuable insight to others and to yourself.

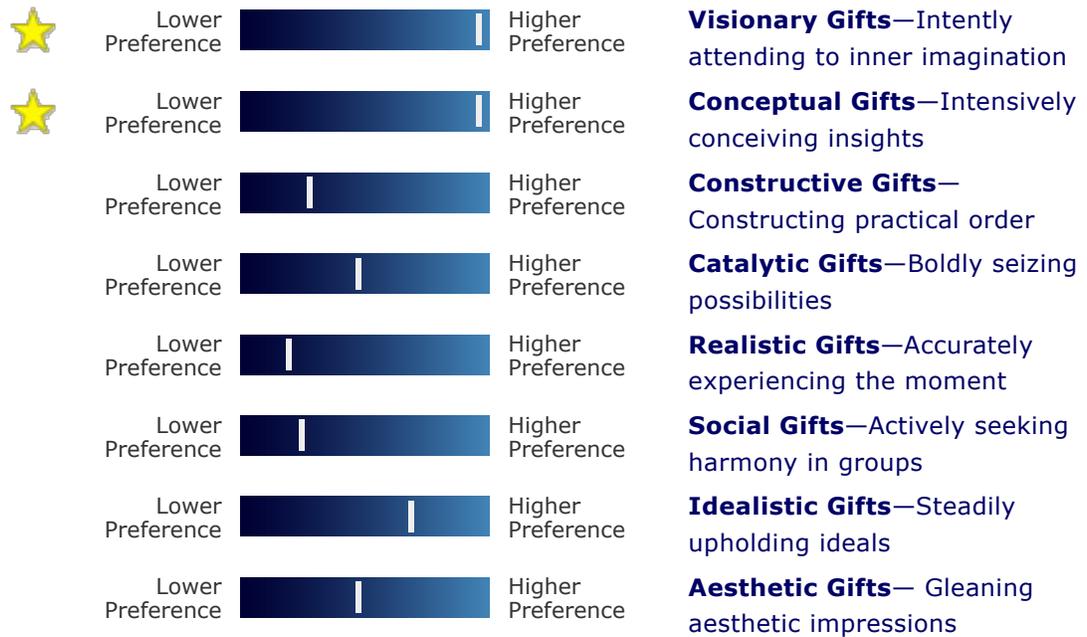
Conceptual Gifts in Action

These gifts are especially valuable for understanding complex conceptual systems, developing unifying theories or principles, or discerning patterns amidst a mass of information. They can be found in abundance among philosophers, pathologists, mathematicians, historians, computer programmers, systems analysts, and theoretical scientists.

Max Plank, Niels Bohr, Wolfgang Pauli, Sir Isaac Newton and many other theoretical physicists provide fairly clear biographical windows to these gifts, as do philosophers like Immanuel Kant or Arthur Schopenhauer.

Relative Preferences for Gifts

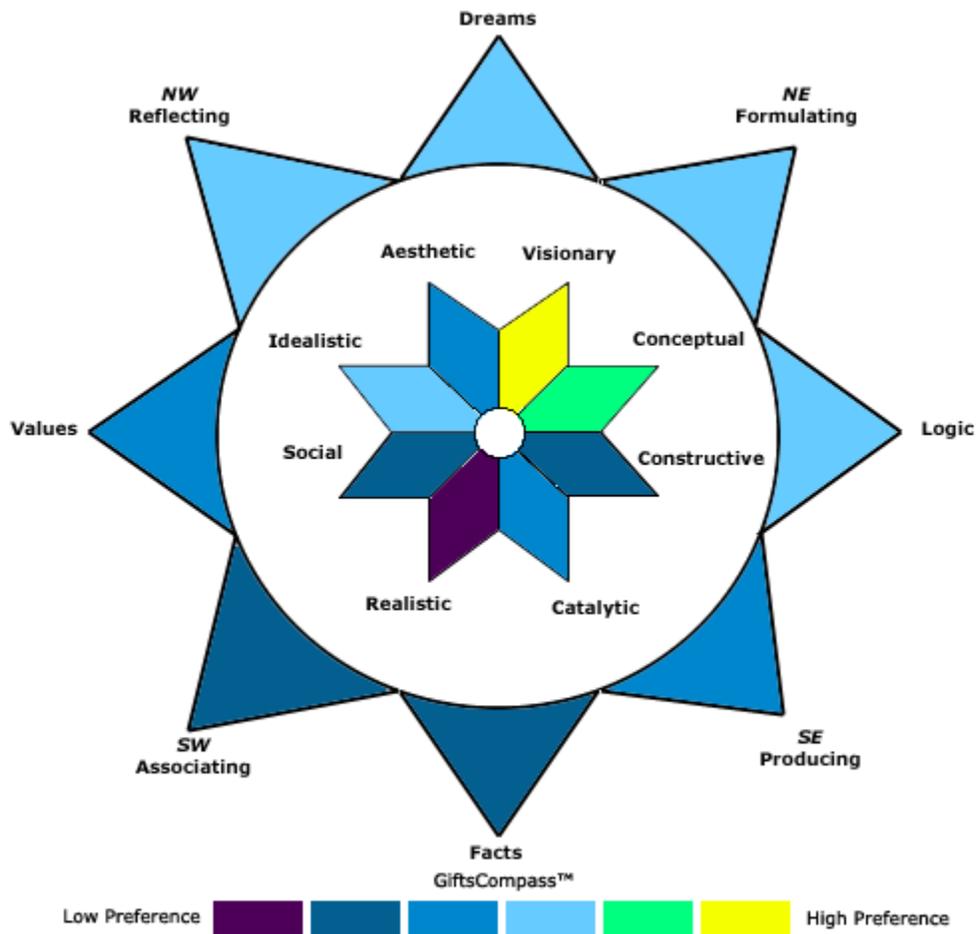
The following bar chart illustrates your current degree of preference for each of the eight sets of gifts shown by the Gifts Compass. The stars to the left indicate your two highest preferences.



A lower score for any of the gifts indicates a lower level of *enjoyment* for that gift. The bar chart does *not* measure your aptitude, only your level of enjoyment. You possess all eight gifts to varying degrees. Even though the chart may indicate a lower level of *enjoyment* for certain gifts, you may still have a very high *aptitude* for them.

Gifts Compass for Albert Einstein

Combining your results for Orientations, Headings and Gifts completes the full GCI Gifts Compass.



Individuation

I don't know what your destiny will be, but one thing I know: The only ones among you who will really be happy are those who have sought and found how to serve. Albert Schweitzer

The GCI has been developed from the remarkable work of Carl Jung, the highly acclaimed Swiss psychologist who founded the discipline of *Analytical Psychology*. A central organizing theme of his vast body of work is *individuation*—the unique development of the whole person.

Individuation is a term used in life sciences to refer to either a differentiation from others or a unification of the diverse elements of oneself. As Carl Jung used the term, it refers to *both*.

Individuation is the process of personal growth in which you discover your unique and authentic self. In that process, you unify the many diverse elements of yourself in greater "wholeness" while you also differentiate your unique and authentic self from others.

It is a journey to a higher form of consciousness that transcends egocentricity.

This widened consciousness is no longer the touchy, egotistical bundle of personal wishes, fears, hopes, and ambitions . . . Jung, Collected Works (CW 7, par. 275)

As individuation proceeds, one's life becomes increasingly purposeful and centered. Though we may encounter many obstacles along the way, we possess inherent endowments that continually bring us "home" to the individuated way that seems more natural.

It is as if a river that had run to waste in sluggish side-streams and marshes suddenly found its way back to its proper bed, or as if a stone lying on a germinating seed were lifted away so that the shoot could begin its natural growth. (CW 17, par. 317)

The strength and vitality of the whole social fabric depends on the robust development of each individual. The family, the group, the organization, the city and the nation flower to the degree that people embrace their own individuated way.

Individuation can be viewed as the demanding challenge of discovering your authentic self. If you take on this adventure, you will likely encounter trial, serendipity, elation, hardship, turmoil, inspiration, struggle, joy, inner peace

and much more in turn along your personal path towards a well-lived, uniquely differentiated life in community.

Individuation and the GCI

When you have your bearings on the Gifts Compass, you are oriented to your *home place* for individuation—to those gifts that come most easily and most enjoyably to you. They can serve you well in charting the course of your life, yet they are not your final destination.

As individuation proceeds, other gifts on the compass also become more fully engaged. Your journey to what Jung called "wholeness" ultimately includes all of the gifts on the compass. The emergence of your vital personality is the ultimate aim, and your unique personality consists of far more than merely an orientation to certain gifts. Your whole personality is more fully expressed through the integration of many gifts.

On the Gifts Compass, the gifts indicated in purple are considered your "shadow" gifts, meaning that they are least accessible to you. They contain the seed of your personal destiny. The integration of those, and other gifts, lead to the wholeness that Jung called *individuation*.

We recommend that you work with a trained Gifts Compass Advisor in navigating that path to wholeness. If you are not currently working with an advisor, you could find one [at this page](http://www.giftscompass.com/?p=advisor_listings) of our web site:
(http://www.giftscompass.com/?p=advisor_listings)